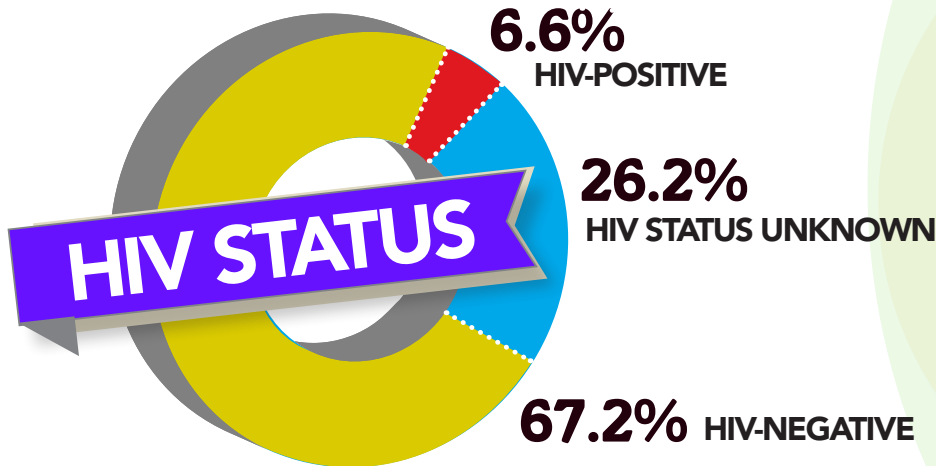




HIV+ WELL-BEING

6.6% of survey participants reported they were HIV-positive.



88.9%

of HIV-positive participants rated their mental health as good to excellent

87.3%

of HIV-positive participants rated their physical health as good to excellent

BODY MASS INDEX (BMI) OF HIV-POSITIVE PARTICIPANTS

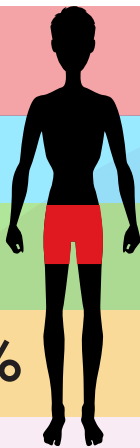
When reported weight and height were calculated, most HIV-positive participants reported a mid-range body mass index (BMI).

UNDERWEIGHT*

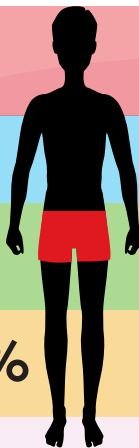
AVERAGE*

OVERWEIGHT*

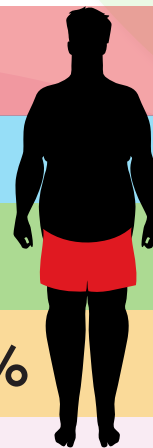
OBESE*



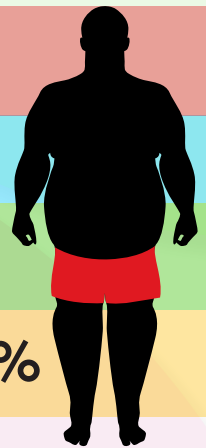
3.2%



41.9%



46.8%



8.1%

* Underweight means a BMI less than 18.5, average means a BMI of 18.5 to 24.9, overweight means a BMI of 25.0 to 29.9 and obese means a BMI of 30.0 or more.



THE SLEEP OF HIV-POSITIVE PARTICIPANTS

68.3% of HIV-positive participants slept less than 8 hours per day. Only 31.7% reported 8 hours of sleep or more.



HIV-POSITIVE WORRIES AND CONCERNS

Despite medical advances and generally high levels of physical and mental health, it isn't always easy being HIV-positive. Here's how HIV-positive men responded to a few key concerns:



I worry about...

Being discriminated against and stigmatized because of HIV.

YES 82.5%

Being rejected by gay and bisexual men in my community because I am HIV-positive

YES 67.7%

The fear of being prosecuted by someone for not disclosing that I am HIV-positive.

YES 51.6%

Not understanding medical information about HIV.

YES 30.2%

CHRONIC HEALTH CONDITIONS

HIV-positive men's other chronic health conditions reported were:

HYPERTENSION 22.2%

RESPIRATORY ILLNESS 17.5%

ARTHRITIS 15.9%

CANCER 14.3%

PHYSICAL DISABILITY 14.3%

DIABETES 3.2%

SEXUALLY TRANSMITTED INFECTIONS (STIs) AND HEPATITIS

Rates of hepatitis and STIs were high in HIV-positive participants.

77.8%

YES, STI (LIFETIME)

30.2%

YES, ANY HEPATITIS (LIFETIME)

23.5%

YES, OTHER INFECTIOUS DISEASES (LIFETIME)

